Penn State Worry Questionnaire for Children (PSWQ-C; Chorpita et al., 1997)

The PSWQ-C is a 14-item self-report questionnaire designed to assess worry in children and adolescents aged seven to seventeen. The questionnaire was designed to be comprehensible to children at the second grade reading level and above. Respondents are asked to indicate how often each item applies to them by choosing from the following responses for each item: "never," "sometimes," "often," and "always." Their responses are scored on a 4-point Likert scale from 0 (never) to 3 (always). Items 2, 7, and 9 are reverse-scored from 0 (always) to 3 (never), with greater scores indicating less worry rather than greater worry. Subsequently, item scores are summed to yield a total score (Chorpita et al., 1997). Total scores range from 0 to 42, with higher scores indicating greater tendency to worry.